



# Heron Banks Golf Course MEDITERRANEAN RESTAURANT

## ALA CARTE MENU

### TRADING HOURS

MON – TUE  
11H30 – 17H00

WED – SAT  
11H30 – 18H00

SUNDAY LUNCH  
12H30 – 14H30

**083 637 9930**

73 MINNAAR STREET, VAALPARK, 1947

*On The Banks Of The Vaal River*

## PREGO'S & BURGERS

WITH ANY 1 SIDE

Flame Grilled BBQ Burger	R85
Flame Grilled Cheese Burger	R90
Flame Grilled Jalapeno & Cheese Burger	R95
Flame Grilled Bacon & Cheese Burger	R110
Spicy Rump Steak Prego	R120
Spicy Chicken Fillet Prego	R90
Sweet Chilli Crumbed Chicken Burger	R80
Crumbed Chicken & Cheese Burger	R80

## CHICKEN MEALS

WITH ANY 1 SIDE

Single Schnitzel & Sauce	R85
Double Schnitzel & Sauce	R120
Grilled 3 Cheese Schnitzel with Ham & Sauce	R120
Spicy Grilled Chicken Fillet served with Garlic Lemon Butter Sauce	R110
Chicken Strips with Smokey Mayo Sauce	R80

## STEAK

WITH ANY 1 SIDE

300g Flame Grilled Basted Rump	R140
300g Flame Grilled Portuguese Rump topped with a Fried Egg & Peri-Peri Sauce	R155

## PASTA BAKES

Mac & Cheese with Bacon & Mushroom	R120
Chicken & Chorizo Alfredo	R145
Steak & Mushroom Alfredo	R135
Creamy Garlic Prawn & Chorizo	R150
Primavera (Vegetable Alfredo)	R120

## CURRY

SERVED WITH COCONUT RICE, CHUTNEY & SAMBALS

Chicken Curry	R95
Chicken & Prawn Curry	R145
Rump Steak Curry	R120
Vegetable Curry	R95

## SALAD MAINS

Greek	R60
Beetroot & Feta	R65
Chicken & Avo with Caramelized Seeds	R85
Rump Steak Salad with Pickled Beetroot & Caramelized Seeds	R95

## SIDES

Chips	R25
Side Salad	R25
Grilled Mix Veggies	R25

## SAUCES

Cheese	R25
Mushroom	R25
Pepper	R25
Peri-Peri	R25
Garlic Lemon Butter	R25

## KIDDIES MEALS

Cheesy Hot Dog	R60
Chicken Strips	R60
Mac & Cheese (v)	R70
Toasted Beef Burger	R75
Cheese Griller Bites	R60

All kiddies meals are served with chips.

*Delicious Food*